

Saputo Nutrient Profiling Model: At-a-Glance

	Milk			Yogurt			Hard Cheese			Soft Cheese			Cream			Butter / Spread			Snack / Mini Meal		
Level	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
Calories (kcal per serving)	≤ 160	161 – 180	181 – 200	≤ 150	151 – 175	176 – 200	≤ 100	101 – 150	151 – 200	≤ 100	101 – 150	151 – 200	≤ 30	31 – 45	46 – 60	≤ 70	71 – 80	81 – 90	≤ 150	151 – 250	251 – 400
Saturated Fat (g per 100g/mL)	≤ 1	1.1 – 2	2.1 – 2.5	≤ 1	1.1 – 2	2.1 – 2.6	≤ 12	12.1 – 16	16.1 – 23	≤ 9	9.1 – 14	14.1 – 21	≤ 6	6.1 – 10	10.1 – 20	≤ 10	10.1 – 25	25.1 – 45	≤ 5	5.1 – 8	8.1 – 12
Total Sugar (g per 100g/mL)	≤ 6*	6.1 – 9*	9.1 – 12.5*	≤ 7*	7.1 – 11*	11.1 – 15*	≤ 3*	3.1 – 6*	6.1 – 9*	≤ 6*	6.1 – 10*	10.1 – 16.5*	≤ 7*	7.1 – 11*	11.1 – 15*				≤ 4.5*	4.6 – 10*	10.1 – 14*
Added Sugar (g per 100g/mL)	≤ 2	2.1 – 4.5	4.6 – 7.5	≤ 2	2.1 – 6	6.1 – 10.5	≤ 0	0.1 – 3	3.1 – 6.5	≤ 0	0.1 – 7	7.1 – 13	≤ 2	2.1 – 7	7.1 – 10				≤ 4	4.1 – 7	7.1 – 10
Sodium (mg per 100g/mL)	≤ 80	81 – 110	111 – 140	≤ 100	101 – 130	131 – 160	≤ 750	751 – 1000	1001 – 1200	≤ 600	601 – 1000	1001 – 1500				≤ 300	301 – 600	601 – 800	≤ 300	301 – 600	601 – 800
Protein (g per 100g/mL)	≥ 3	Encouraged to provide ≥ 3		≥ 3	Encouraged to provide ≥ 3		≥ 20	Encouraged to provide ≥ 20		≥ 10	Encouraged to provide ≥ 10								≥ 4	Encouraged to provide ≥ 4	
Calcium (mg per 100g/mL)	≥ 110	Encouraged to provide ≥ 110		≥ 100	Encouraged to provide ≥ 100		≥ 600	Encouraged to provide ≥ 600		≥ 400	Encouraged to provide ≥ 400								≥ 110	Encouraged to provide ≥ 110	
Vitamin D (mcg per 100g/mL)	Encouraged to provide “source” level**			Encouraged to provide “source” level**			Encouraged to provide “source” level**			Encouraged to provide “source” level**									Encouraged to provide “source” level**		

* Used as a voluntary guardrail only.

**Based on local claims.

Note: A product’s overall “level” is based on the **limiting nutrient**.
Example: A cheese that is Level 1 for calories but Level 2 for sodium (limiting nutrient) is a Level 2 product.